

TWIG PICTURE FRAME



Without their leaves and flowers, trees can appear lifeless in fall and winter, however, there's plenty going on beneath the bark. Since they can't move around like animals, trees adapt to cold temperatures by changing how they work on the inside. Trees concentrate sugar and fat inside their cells, making them hard and glass-like, preventing the tree's living tissue from freezing. Wind and animals can knock branches and twigs off a tree without doing damage to the tree's ability to survive.

On your next hike, gather twigs and make a picture frame for yourself or as a gift for someone else!

MAKE YOUR OWN TWIG PICTURE FRAME

Materials: Scissors, twine, tape or glue, rubber bands, ruler, mostly straight twigs

Directions:

1. To make a frame for a 4" by 6" photo, break 6-8 twigs to be about 6 inches long and 6-8 twigs to be about 8 inches long.
2. Arrange twigs into 4 groups (2 shorter and 2 longer) of about 3-4 twigs. Wrap rubber bands around each group of twigs.
3. Arrange the longer twig bundles to be on opposite sides of a rectangle. Do the same for the shorter twigs.
4. Wrap twine around a corner of the frame a few times then wrap it the other way around the corner, making an "X." Tie off the string and trim the loose end. Repeat on all corners.
5. Remove the rubber bands with scissors.
6. Tape or glue a drawing or photo to the back of the frame.